

Extract from PERFORM

Corporate Plan Target H 03 – Deliver a health intervention programme which provides 485 adults per year with a personal exercise plan via the exercise referral scheme.

Aim
Supporting Our Communities to be Healthier, Safer, Cleaner and Greener

Priority
Improving health and wellbeing by contributing to the delivery of Healthy Bolsover priorities

Target
Deliver a health intervention programme which provides 485 adults per year with a personal exercise plan via the exercise referral scheme.

Planned activities to deliver target
Implement the following contracts/commissions; Integrated Wellbeing Approach (DCC Public Health contract) Bolsover Wellness + (Bolsover LAC Locality Plan contract)

Owner	Lead Officer(s)
Lee Hickin - Joint Executive Director - People Matt Broughton - Joint Head of Service - Partnership & Transformation	Wayne Carter - Facilities Plan/Dev Officer

Monitoring Context
Occasionally we may experience a time lag of up to 1 month due to the reliance upon other agencies to provide certain data/information which is beyond our control. This will be reported accordingly via PERFORM as and when the situation occurs.

Expected Outcomes
Equitable access to the Derbyshire Health Referral Scheme and physical activity opportunities for the residents of Derbyshire County
Clients are supported to increase activity levels and are able to sustain behaviour change
Impact on the individual clinical referral goal(s) set by the Primary Care referrer
Data on client activity levels and preferences is used to develop responsive services
Recorded reduction in inactivity at individual and district level
Inactivity prevalence in Derbyshire County begins to decrease
Contribution to the development of a fully integrated approach to Health and Wellbeing in Derbyshire

Progress

Month	Comments
May 19/20	** Updated Target for 2019/20** Target amended from 800 to 485.
Apr 19/20	Bolsover District Council is commissioned by Bolsover Partnership and County Public Health to deliver a Health Intervention programme, the combined number of people starting this programme to the end of the financial year is 764, against an annual target of 800. Despite not meeting the target this year, this target has been exceeded in years 1 to 3 of the corporate plan: 2015/16 – 1130 referrals 2016/17 – 1120 referrals 2017/18 – 905 referrals 2018/19 – 764 referrals – Revised target 800
Jan 18/19	QTR 3 - 18/19 - Bolsover District Council is commissioned by Bolsover Partnership and County Public Health to deliver a Health Intervention programme, the combined number of people starting this programme to the end of quarter 3 is 597, against an annual target of 800.
Oct 18/19	QTR 2 - 18/19 - Bolsover District Council is commissioned by Bolsover Partnership and County Public Health to deliver a Health Intervention programme, the combined number of people starting this programme in the first half of the year is 432, against an annual target of 800.
Jul 18/19	QTR 1 - 18/19 - Bolsover District Council is commissioned by Bolsover Partnership and County Public Health to deliver a Health Intervention programme, the combined number of people starting this programme in the first quarter is 221, against an annual target of 800.
Apr 18/19	Q4 - BDC is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 1000 referrals has been set from these two programmes. Due to the restructures within County Public Health it has proven increasingly difficult to maintain referral numbers from doctors surgeries, with this in mind we have agreed a 25% reduction in referral numbers with the intention of securing visits to all surgeries to promote the programme and hopefully re-establish the numbers, therefore a new target was set at 750 referrals for the year. To the end of March 2018 we have seen 905 clients at a number of different locations including Go Active @ The Arc, Shirebrook Leisure Centre and Welbeck Road Doctors Surgery.
Jan 17/18	Q3 - BDC is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 1000 referrals has been set from these two programmes. To the end of December 2017 we have seen 700 clients at a number of different locations including Go Active @ The Arc, Shirebrook Leisure Centre and Welbeck Road Doctors Surgery.
Oct 17/18	Q2 - BDC is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing

Month	Comments
	<p>Approach and Bolsover Wellness Plus. A combined figure of 1000 referrals has been set from these two programmes.</p> <p>To the end of September 2017 we have seen 542 clients at a number of different locations including Go Active @ The Arc, Shirebrook Leisure Centre and Welbeck Road Doctors Surgery.</p>
Jul 17/18	<p>Q1 - BDC is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 1000 referrals has been set from these two programmes.</p> <p>To the end of June 2017 we have seen 289 clients at a number of different locations including Clowne Sports Centre, Shirebrook Leisure Centre and Welbeck Road Doctors Surgery.</p>
May 17/18	<p>Q4 - BDC is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 900 referrals has been set from these two programmes.</p> <p>To the end of March 2017 we have seen 1120 clients at a number of different locations including Clowne Sports Centre, Creswell Leisure Centre, Shirebrook Leisure Centre, Welbeck Road Doctors surgery and Frederick Gent Sports Centre. 2016/17 Achieved</p>
Apr 17/18	<p>Q4 - Bolsover District Council is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 900 referrals has been set from these two programmes.</p> <p>To the end of March 2017 we have seen 1120 clients at a number of different locations including Clowne Sports Centre, Creswell Leisure Centre, Shirebrook Leisure Centre, Welbeck Road Doctors surgery and Frederick Gent Sports Centre</p>
Jan 16/17	<p>Q3 - Bolsover District Council is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 900 referrals has been set from these two programmes.</p> <p>To the end of December 2016 we have seen 772 clients at a number of different locations including Clowne Sports Centre, Creswell Leisure Centre, Shirebrook Leisure Centre, Welbeck Road Doctors surgery and Frederick Gent Sports Centre</p>
Oct 16/17	<p>Q2 - Bolsover District Council is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 900 referrals has been set from these two programmes.</p> <p>To the end of September 2016 we have seen 623 clients at a number of different locations including Clowne Sports Centre, Creswell Leisure Centre, Shirebrook Leisure Centre, Welbeck Road Doctors surgery and Frederick Gent Sports Centre</p>

Month	Comments
Jul 16/17	<p>Q1 - Bolsover District Council is commissioned to deliver a health intervention programme by County Public Health. The scheme covers two programmes, the Derbyshire Integrated Wellbeing Approach and Bolsover Wellness Plus. A combined figure of 900 referrals has been set from these two programmes.</p> <p>To the end of June 2016 we have seen 308 clients at a number of different locations including Clowne Sports Centre, Creswell Leisure Centre, Shirebrook Leisure Centre, Welbeck Road Doctors surgery and Frederick Gent Sports Centre</p>
Apr 16/17	<p>Q4 - For the financial year 2015/16, the health referral team received a total of 1130 referrals from both the Derbyshire County Integrated Wellbeing approach and the Bolsover Wellness Plus programme. We have received referrals into Clowne and Creswell Sports Centres as well as working with partners to deliver the programme in Shirebrook Leisure Centre, Welbeck Road Health Surgery and Frederick Gent Community Sports Centre.</p>
Jan 15/16	<p>Q3 - The health referral team have received 558 referrals from GP surgeries throughout the district upto the end of December 2015. The referral criteria was changed slightly and is therefore reflected in these figures. Monthly referrals continue to increase.</p>
Oct 15/16	<p>The health referral team have received 372 referrals from GP surgeries throughout the district upto the end of September. The referral criteria was changed slightly and is therefore reflected in these figures. Monthly referrals continue to increase.</p>